

# Hello

Sunday



# The RED PUMP

Steak House

## Starters

Mixed Olives ~ 4.00  
Black & green olives in oil

Garlic Flatbread ~ 3.50  
or have it with cheese (+ 0.25)

Black & White Pudding Fritters ~ 4.50  
With mustard mayo

Hummus & Flatbread ~ 4.00  
... and our own hummus

SOUP OF THE DAY ~ 4.95  
Fresh home made soup from local ingredients

HAM HOCK TERRINE ~ 5.95  
Aspic, peas pudding and granary bread

BUFFALO MOZZARELLA ~ 5.25 ✓  
Chargrilled aubergine & oregano dressing

SPICY CHICKEN WINGS 4.50  
BBQ sauce

## Traditional Sunday Roast

### RIB OF 40 DAY DRY AGED BEEF

Grass fed beef, dry aged for 40 Days to give a wonderful deep flavour

### GOOSNARGH CORN FED CHICKEN

Johnson & Swarbrick's finest chicken slow roasted in natural juices

### SHOULDER OF BOWLAND LAMB

Slow Roasted succulent local lamb from Alpe's the Butcher

All served with Traditional Yorkshire Pudding, Thyme Roasted Potatoes, Creamed Potatoes, Seasonal Vegetables & Rich Home Made Gravy ~ 14.00

## ...and more

CUMBERLAND SAUSAGE AND MASH 11.95  
Sticky onion gravy and creamy mash

PORK NAVARIN ~ 16.50  
Classic French provincial stew with new potatoes

FISH MORNAY ~ 14.50  
Creamy, white and smoked fish with prawns

RISSOTTO ~ 12.75 ✓  
A mixture of summer veg & creamy rice

### Sunday Roast Offer

2 COURSES	£17.50
3 COURSES	£21.00

See over for our Steaks and Puddings

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## Junior Appetites

- CHICKEN GOUJONS
- PRIME BURGER
- SAUSAGE & MASH
- FISH GOUJONS
- MINI ROAST LUNCH
- 7.50 incl. chips & a scoop of ice cream

## Side Dishes

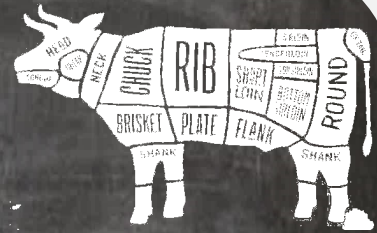
- HAND CUT CHIPS | SIDE SALAD
- NEW POTATOES
- MASHED POTATOES | CAULI CHEESE
- SEASONAL VEGETABLES
- All Sides ~ 3.50

## Puddings

- SUMMER PUDDING  
Red berry fruit and clotted cream
- DOT'S KNICKERBOCKER GLORY  
Layers of fruit, ice cream and meringue
- TART LEMON TART  
Sharp and tangy with raspberry sorbet
- CHEF'S CRUMBLE  
Fruity with a nutty topping
- CHEF'S CHEESECAKE  
Delightful & decadent
- All Puddings ~ 5.95

- TRIO OF CHEESES ~ 2.50 ea.  
Garstang Blue, Garstang White,  
Mrs Kirkham's Creamy Lancashire

## Red Pump GRILL



Prime 40 day dry aged beef, grilled to your liking (raw weight)

- STEAK OF THE DAY** (250g) **24.00**
- BANQUET STEAK** (250g) **24.00**

Smothered in melted cheese and Worcestershire sauce

- PRIME NEW YORK BURGER** (160g) **12.50**

Melted cheese, smoked bacon, lettuce, tomato, pickle & dressing

All served with hand cut chips

## Ice Creams

By UNCLE BOB, CHIPPING  
£1.50/ scoop, choose from:

- VANILLA
- STRAWBERRY
- LIQUORICE
- MINT CHOC CHIP
- DOUBLE CHOCOLATE
- AMARETTO & BLACK CHERRY
- RASPBERRY SORBET

## Coffee & Others

- ESPRESSO | CAPPUCINO | LATTE
- POT OF TEA | HOT CHOCOLATE
- All ~ 2.50